

Questions the doctor may ask you during your visit

A woman's risk of breast cancer is dependent on many different factors. The answers to these questions may help your doctor in interpreting your symptoms and in determining your risk of breast cancer or other breast diseases. Think about the answers to these questions and ask family members or if possible obtain old records. If you'd like you can print out this page and bring it to your visit with you.

- If your primary care doctor first noticed a lump or concerning area ask him or her to show you exactly what it is they are feeling and where it is in your breast.
- If you've noticed a breast symptom how long has it been there? Has it grown? Does it change with your menstrual cycle?
- Have you noticed any skin changes or discharge from your nipple?
- If you have pain in your breast does it change with your menstrual cycle?
- Do you have any family history of breast cancer, ovarian cancer, or other breast diseases? If so, in who, and what was the diagnosis and how old was the family member?
- Have you ever had a mammogram breast ultrasound or breast biopsy before? If so where and when was it performed? What were the results? (If you have the actual radiology or pathology results that can be helpful if you bring them with you.)
- How old were you when you first started having your period?
- Have you stopped having periods? How old were you when you stopped?
- Have you had a hysterectomy? If so did they remove both your ovaries?
- Have you had ovaries removed for other reasons?