

Hernia Surgery

Hernia surgeries come in many forms. Traditional hernias are often thought of as those bulges in the groin typically seen in men, although seen in women, which have been previously treated simply by closure of the abdominal wall defect. More recently, introduction of prosthetic materials (mesh) has allowed for tension-free repairs, which have decreased recurrence rates dramatically and decreased the time to return to full activities.

At BlueStone, we have researched the various mesh types and companies, and have chosen the meshes that we use for hernia repairs based on their long-term track records and for both safety and recurrence. Other hernias, which are repaired with or without mesh, include abdominal wall hernias, ventral hernias, umbilical hernias. Some of these hernias may even be treatable with a laparoscopic approach, allowing for a shorter hospital stay and a quicker return to work.